



2010 Coaches Clinic Softball Sessions Schedule



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- 11:10-11:50 - The Short Game & Finding The Zone
Gerry Mauro
(He will also cover Hitting Mechanics
& Drills)
- 11:55-12:35 - Recruiting - From H.S to College
Terri Adams
- 12:40-1:10 - Lunch Break and Exhibits
- 1:15-1:55 - Catching Mechanics & Drills
Jaime Wohlbach & Sarah Maulorico
- 2:00-2:40 - Pitching Mechanics & Drills
Terri Adams
- 2:45-3:35 - Conditioning & Injury Prevention
Coordinated Health
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For more information please visit:

www.potdsoftball.com